



Sister Ring

Women's Retreat and Intensive

MAY 17 - 19 & SEPT 27 - 29, 2024

A weekend to slow down and take stock of what matters: your healing, your calling, your story.

RETREAT INCLUDES:

- Gifts Curated For Your Wellness
- 16+ Hours of Therapeutic Experiences Facilitated by A Trauma-Informed Therapist
- Cozy Beautiful Setting
- Tasty Catered Food
- Healing Community
- Follow-Up Group Support Via Zoom
- Become An Alum and Attend Future Retreats for Deeply Discounted Price

Come to a place meant just for you to take advantage of the life-giving ingredients for overcoming life's challenges and becoming your best self.

Email guitta@lifeworks.ms or text Lifeworks at 601-790-0583 for more info.



FACILITATOR

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